



**NHS Lanarkshire**  
**Health Improvement Training Calendar**  
**June to September 2023**

The Health Improvement Department within NHS Lanarkshire offers a range of training and learning opportunities aligned to the six public health priorities for Scotland.

**Priority 1:** A Scotland where we live in vibrant, healthy and safe places and communities

**Priority 2:** A Scotland where we flourish in our early years

**Priority 3:** A Scotland where we have good mental wellbeing

**Priority 4:** A Scotland where we reduce the use of and harm from alcohol, tobacco and other drugs

**Priority 5:** A Scotland where we have a sustainable, inclusive economy with equality of outcomes for all

**Priority 6:** A Scotland where we eat well, have a healthy weight and are physically active

Review our calendar, discuss with your line manager, and sign up to training via the contact email aligned to your choice of session. Should you have any additional support needs please let us know at first contact so that we can support you to participate.

June 2023

Date	Duration	Participants	Brief Summary of Content	Contact	Public Health Priority
05/06/23 10am to 11.30am	90 min Online	NHS Lanarkshire Staff	<p><b>Safe and Together Model</b></p> <p><b>Session Aims:</b> To provide an introduction to the Safe and Together™ Model principles, components, what a ‘perpetrator pattern framework’ looks like in practice and how these can enhance good practice.</p>	<a href="https://nhs.learnprouk.com/lms/user_level/NavigatorHome.aspx">https://nhs.learnprouk.com/lms/user_level/NavigatorHome.aspx</a>	1,2,3,4,5,6
08/06/23 Time TBC	90 min	FY1 Doctors, University Hospital Wishaw	<p><b>Introduction to the Social Determinants of Health.</b></p>	Fiona Douglas <a href="mailto:Fiona.douglas@lanarkshire.scot.nhs.uk">Fiona.douglas@lanarkshire.scot.nhs.uk</a>	1,2,3,4,5,6
08/06/23 2 session options 9am - 1pm 1pm - 5pm	Half day Online	NHS Lanarkshire Staff	<p><b>Alcohol Brief Intervention</b></p> <p><b>Session Aims:</b> To equip participants with the knowledge and skills to more confidently deliver an Alcohol Brief Intervention (ABI).</p> <p><b>By the end of the session, participants will be able to:</b></p> <ul style="list-style-type: none"> <li>•Outline the prevalence of alcohol use in Scotland</li> <li>•Describe the health impact of alcohol use</li> </ul>	<a href="mailto:abi.trainingcourse@lanarkshire.scot.nhs.uk">abi.trainingcourse@lanarkshire.scot.nhs.uk</a>	4

June 2023

Date	Duration	Participants	Brief Summary of Content	Contact	Public Health Priority
			<ul style="list-style-type: none"> <li>•Describe the guidelines for what is low risk alcohol consumption</li> <li>•Calculate units of alcohol</li> <li>•Describe how to use the FAST tool when carrying out an ABI</li> <li>•More confidently conduct an ABI</li> </ul>		
8 <sup>th</sup> and 22 <sup>nd</sup> June 2023  9.15am to 16.30pm	2 days Face to Face	Multi-agency Lanarkshire	<p><b>Solihull Training</b></p> <p>The Solihull Approach offers a 2 Day Foundation training for groups of professionals working with families in the UK and internationally. The Solihull Approach introduces a model for understanding the impact of relationships on health and wellbeing.</p>	<a href="mailto:Margaret.Clark@lanarkshire.scot.nhs.uk">Margaret.Clark@lanarkshire.scot.nhs.uk</a>  <a href="mailto:Fiona.Dunn@lanarkshire.scot.nhs.uk">Fiona.Dunn@lanarkshire.scot.nhs.uk</a>	2 3 4
8 <sup>th</sup> June 10am to 4pm	1 day Face to Face	Those working and/or volunteering with young people in Lanarkshire.	<p><b>Cannabis Awareness</b></p> <p>The aim of this course is to provide practitioners working with young people a deeper understanding of cannabis and synthetic cannabis which gives you/your staff team the knowledge, tools &amp; confidence to have a conversation around cannabis use with service users.</p>	<a href="#">Cannabis Awareness Training Tickets, Thu 8 Jun 2023 at 10:00   Eventbrite</a>	3

June 2023

Date	Duration	Participants	Brief Summary of Content	Contact	Public Health Priority
			<p><b>Course Content:</b></p> <ul style="list-style-type: none"> <li>• What is cannabis/synthetic cannabis?</li> <li>• Cannabis History</li> <li>• Street names/Types of cannabis</li> <li>• Production of cannabis &amp; synthetic Cannabis</li> <li>• Prevalence &amp; availability/local trends &amp; products</li> <li>• Cannabis paraphernalia</li> <li>• Cannabis &amp; Synthetics on the body &amp; mind.</li> <li>• The Law. Harm Reduction</li> <li>• Local Services &amp; further reading</li> </ul>		
<p>12/06/23 10am</p>	<p>60min Online</p>	<p>Non clinical and introductory in nature. Aimed at professionals who can support important conversations about sexual health and relationships. Courses may be most suitable for professionals who work with, or around,</p>	<p><b>Relationships, Sexual Health and Parenthood Education (RSHP)</b></p> <p><b>Participants will:</b></p> <ul style="list-style-type: none"> <li>• Consider the building blocks of RSHP</li> <li>• Learn about the evidence base</li> <li>• Understand the context of RSHP in Scottish Education</li> </ul>	<p><a href="mailto:Christine.Innes@lanarkshire.scot.nhs.uk">Christine.Innes@lanarkshire.scot.nhs.uk</a></p>	<p>5</p>

June 2023

Date	Duration	Participants	Brief Summary of Content	Contact	Public Health Priority
		children and young people, however this is not essential.	<ul style="list-style-type: none"> <li>Learn about the national resource at <a href="http://www.rshp.scot">www.rshp.scot</a></li> </ul>		
12/06/23 10am	60min Online	Introductory awareness raising session for non-clinical staff in Lanarkshire, focusing on transmission, prevention and treatment of blood borne viruses.	<b>Blood Borne Viruses (BBVs)</b> <b>Participants will:</b> <ul style="list-style-type: none"> <li>Identify the most common BBVs</li> <li>Learn about methods of prevention and common routes of transmission</li> <li>Understand what BBVs can't do</li> <li>Consider the impact of stigma, particularly in relation to HIV</li> <li>Know where to access up to date information on sexual health</li> </ul>	<a href="mailto:Christine.Innes@lanarkshire.scot.nhs.uk">Christine.Innes@lanarkshire.scot.nhs.uk</a>	5
15/06/23 at 10am	60 min Online	Multi-agency Hamilton & Clydesdale locality only.	<b>South Lanarkshire Money Counts</b> <b>Learning objectives:</b> <ul style="list-style-type: none"> <li>Identify someone who might have money worries</li> <li>to know which financial advice and support options are available locally and nationally</li> <li>to feel confident to support customers to access advice and support services</li> <li>to use the 'Worrying About Money?' leaflet well and with confidence.</li> </ul>	<a href="mailto:HamiltonClydesdale.HITeamHWBTraining@lanarkshire.scot.nhs.uk">HamiltonClydesdale.HITeamHWBTraining@lanarkshire.scot.nhs.uk</a>  Please note course sign up will close one week prior to course date.	5

June 2023

Date	Duration	Participants	Brief Summary of Content	Contact	Public Health Priority
19/06/23 10am	90min Online	Introductory awareness raising session for anyone working/volunteering in Lanarkshire.	<b>LGBT+ Identities</b> <b>Participants will:</b> <ul style="list-style-type: none"> <li>• Have increased knowledge of relevant terminology</li> <li>• Understand the importance of inclusive language</li> <li>• Increase knowledge and understanding of issues experienced by LGBT+ people in Scotland</li> <li>• Have an opportunity to reflect on current practice</li> <li>• Consider Scottish policy and legislation</li> <li>• Understand better what is meant by inclusive practice.</li> </ul>	<a href="mailto:christine.innes@lanarkshire.scot.nhs.uk">christine.innes@lanarkshire.scot.nhs.uk</a>	5
20/06/23 9.15am-1pm	Half day online	NHS Lanarkshire Staff	<b>Alcohol Brief Intervention</b> <b>Session Aims:</b> To equip participants with the knowledge and skills to more confidently deliver an Alcohol Brief Intervention (ABI). <b>By the end of the session, participants will be able to:</b> <ul style="list-style-type: none"> <li>•Outline the prevalence of alcohol use in Scotland</li> <li>•Describe the health impact of alcohol use</li> </ul>	<a href="mailto:abi.trainingcourse@lanarkshire.scot.nhs.uk">abi.trainingcourse@lanarkshire.scot.nhs.uk</a>	4

June 2023

Date	Duration	Participants	Brief Summary of Content	Contact	Public Health Priority
			<ul style="list-style-type: none"> <li>•Describe the guidelines for what is low risk alcohol consumption</li> <li>•Calculate units of alcohol</li> <li>•Describe how to use the FAST tool when carrying out an ABI</li> <li>•More confidently conduct an ABI</li> </ul>		
21/06/2023 at 1.30pm	60 min Online	South Lanarkshire Health and Social Care Partnership Staff. Specifically targeted at Cambuslang, Rutherglen and East Kilbride localities.	<b>South Lanarkshire Money Counts</b>  <b>Learning objectives:</b> <ul style="list-style-type: none"> <li>• Identify someone who might have money worries</li> <li>• Know which financial advice and support options are available locally and nationally</li> <li>• Feel confident to support customers to access advice and support services</li> <li>• Use the 'Worrying About Money?' leaflet well and with confidence</li> </ul>	<a href="mailto:Margaret.porter@lanarkshire.scot.nhs.uk">Margaret.porter@lanarkshire.scot.nhs.uk</a>  Please note course sign up will close one week prior to course date.	5

June 2023

Date	Duration	Participants	Brief Summary of Content	Contact	Public Health Priority
28/6/23 10.30am- 12noon	90 min Online	Multi-agency	<p><b>Stigma Free Lanarkshire</b></p> <p><b>Session Aims;</b></p> <ul style="list-style-type: none"> <li>• Increase understanding of what mental health stigma and discrimination is.</li> <li>• How it affects people’s recovery from mental illness.</li> <li>• Why it is an important issue to tackle.</li> <li>• You will also have the opportunity to join the Stigma Free Lanarkshire Movement and access signposting information and resources</li> </ul>	<p><a href="mailto:Audrey.lrn@lanarkshirelinks.org.uk">Audrey.lrn@lanarkshirelinks.org.uk</a></p> <p><a href="mailto:David.lrn@lanarkshirelinks.org.uk">David.lrn@lanarkshirelinks.org.uk</a></p> <p><a href="mailto:Geralszafranek@lanarkshirelinks.org.uk">Geralszafranek@lanarkshirelinks.org.uk</a></p>	3
29/06/23 Time TBC	½ day workshop	Acute Pre-Assessment Anaesthetic Staff	<p><b>Alcohol Brief Intervention Training</b></p> <p><b>Session content:</b></p> <ul style="list-style-type: none"> <li>• Impact of Alcohol on Health</li> <li>• Guidelines on Alcohol Consumption</li> <li>• Theory and Practice of behaviour change</li> </ul>	<p>Fiona Douglas <a href="mailto:Fiona.douglas@lanarkshire.scot.nhs.uk">Fiona.douglas@lanarkshire.scot.nhs.uk</a></p>	4



**June 2023**

Date	Duration	Participants	Brief Summary of Content	Contact	Public Health Priority
30/06/23 10am to 11.30am	90 min Online	Multi-agency	<p><b>Cancer, Cancer Screening &amp; Inequalities</b></p> <p><b>Session Aims:</b></p> <ul style="list-style-type: none"> <li>• Increase awareness of Breast, Bowel &amp; Cervical Cancer Symptoms, Screening &amp; Supports.</li> <li>• Increase awareness of inequalities and their impact on cancer screening and what we can do about support uptake of cancer screening in Lanarkshire via addressing barriers and supporting informed participation.</li> </ul>	<p><a href="mailto:HamiltonClydesdaleHITeamHWBTraining@lanarkshire.scot.nhs.uk">HamiltonClydesdaleHITeamHWBTraining@lanarkshire.scot.nhs.uk</a></p>	6

July 2023

Date	Duration	Participants	Brief Summary of Content	Contact	Public Health Priority
4 <sup>th</sup> and 11 <sup>th</sup> July 2023  9.15am to 16.30pm	2 Days Face to Face	Multi-agency Lanarkshire	<b>Solihull Training</b> The Solihull Approach offers a 2 Day Foundation training for groups of professionals working with families in the UK and internationally. The Solihull Approach introduces a model for understanding the impact of relationships on health and wellbeing	<a href="mailto:Margaret.Clark@lanarkshire.scot.nhs.uk">Margaret.Clark@lanarkshire.scot.nhs.uk</a>  <a href="mailto:Fiona.Dunn@lanarkshire.scot.nhs.uk">Fiona.Dunn@lanarkshire.scot.nhs.uk</a>	2 3 4
11/07/23 at 11 am	60 min Online	South Lanarkshire Health and Social Care Partnership Staff. Specifically target at Cambuslang, Rutherglen and East Kilbride localities.	<b>South Lanarkshire Money Counts</b>  Learning objectives: <ul style="list-style-type: none"> <li>• Identify someone who might have money worries</li> <li>• Know which financial advice and support options are available locally and nationally</li> <li>• Feel confident to support customers to access advice and support services</li> <li>• Use the 'Worrying About Money?' leaflet well and with confidence</li> </ul>	<a href="mailto:Margaret.porter@lanarkshire.scot.nhs.uk">Margaret.porter@lanarkshire.scot.nhs.uk</a>  <u>Please note course sign up will close one week prior to course date.</u>	5

**August 2023**

Date	Duration	Participants	Brief Summary of Content	Contact	Public Health Priority
10/08/23  2.00 p.m. to 3.00 p.m.	60 min  (online via MS Teams)	This is a shorter version of IMPACT training recognising pressures on workers and volunteers who support people with mental health problems.	<b>IMPACT 1 Hour Session</b>  <b>Session content:</b> <ul style="list-style-type: none"> <li>• Effects of smoking on mental health medication.</li> <li>• Facilitating discussions about smoking/e-cigarettes (vaping) and mental health.</li> <li>• Information on local services to help people stop smoking.</li> </ul>	For more info: <a href="mailto:Tracy-Ann.Kidd@lanarkshire.scot.nhs.uk">Tracy-Ann.Kidd@lanarkshire.scot.nhs.uk</a>  To book a place: <a href="mailto:tobaccofreecharter@lanarkshire.scot.nhs.uk">tobaccofreecharter@lanarkshire.scot.nhs.uk</a>	<span style="background-color: red; color: white; padding: 2px;">4</span>
22/8/2023  10 am	60min  Online	Introductory awareness raising session for non-clinical staff in lanarkshire, focusing on transmission, prevention and treatment of blood borne viruses.	<b>Blood Borne Viruses (BBVs)</b>  <b>Participants will:</b> <ul style="list-style-type: none"> <li>• Identify the most common BBVs</li> <li>• Learn about methods of prevention and common routes of transmission</li> <li>• Understand what BBVs can't do</li> <li>• Consider the impact of stigma, particularly in relation to HIV</li> <li>• Know where to access up to date information on sexual health</li> </ul>	<a href="mailto:Christine.Innes@lanarkshire.scot.nhs.uk">Christine.Innes@lanarkshire.scot.nhs.uk</a>	<span style="background-color: yellow; color: black; padding: 2px;">5</span>

August 2023

Date	Duration	Participants	Brief Summary of Content	Contact	Public Health Priority
23/08/23 10am	60min Online	Those working and volunteering in Lanarkshire and want to gain awareness about sexting.	<p><b>Sexting</b> <b>Participants will:</b></p> <ul style="list-style-type: none"> <li>• Learn what sexting is</li> <li>• Understand appropriate terminology relating to sexting</li> <li>• Consider the Scottish legal context</li> <li>• Understand why sexting is an issue</li> <li>• Consider risks and consequences</li> <li>• Consider if there are harm reduction messages</li> <li>• Know about sources of support</li> </ul>	<a href="mailto:Christine.Innes@lanarkshire.scot.nhs.uk">Christine.Innes@lanarkshire.scot.nhs.uk</a>	5
24/8/2023 at 10 am	60 min Online	South Lanarkshire Health and Social Care Partnership Staff. Specifically target at Cambuslang, Rutherglen and East Kilbride localities.	<p><b>South Lanarkshire Money Counts</b> <b>Learning objectives:</b></p> <ul style="list-style-type: none"> <li>• Identify someone who might have money worries</li> <li>• Know which financial advice and support options are available locally and nationally</li> <li>• Feel confident to support customers to access advice and support services</li> <li>• Use the 'Worrying About Money?' leaflet well and with confidence</li> </ul>	<a href="mailto:Margaret.porter@lanarkshire.scot.nhs.uk">Margaret.porter@lanarkshire.scot.nhs.uk</a>  Please note course sign up will close one week prior to course date.	5

August 2023

Date	Duration	Participants	Brief Summary of Content	Contact	Public Health Priority
29/08/23 9.30am to 13.30pm	Face to Face Half Day	Those working and volunteering with young people in Lanarkshire.	<p>The aim of this course is to provide practitioners working with young people the knowledge and tools to critically discuss and explore the topic of tobacco and electronic cigarette use.</p> <p><b>Session Content:</b></p> <ul style="list-style-type: none"> <li>• What is tobacco?</li> <li>• What's in an e-cigarette/ vape?</li> <li>• Chemicals found in cigs &amp; vapes</li> <li>• Latest vaping information</li> <li>• How smoking affects the body</li> <li>• Second-hand smoke</li> <li>• Cigarettes, e-cigarettes &amp; the law</li> <li>• Recent changes with laws and legislation</li> <li>• Impact of vapes on the environment</li> <li>• Benefits of quitting smoking</li> <li>• Nicotine Replacement Therapy (NRT)</li> <li>• Local Stop Smoking Services (SSS)</li> </ul>	<a href="#">Smoking &amp; Vaping Awareness Training Tickets, Tue 29 Aug 2023 at 09:30   Eventbrite</a>	<b>4</b>

August 2023

Date	Duration	Participants	Brief Summary of Content	Contact	Public Health Priority
30/08/23 10am	90min Online	Those working and volunteering in Lanarkshire and want to gain awareness about the only fans platform.	<p><b>Only Fans</b></p> <p><b>Participants will:</b></p> <ul style="list-style-type: none"> <li>• Learn about how the site</li> <li>• Understand how the site works</li> <li>• Understand links between the site, young people's relationships and pornography</li> <li>• Consider site risks and consequences</li> <li>• Feel able to have conversations about Only Fans and other similar sites</li> </ul>	<a href="mailto:Christine.Innes@lanarkshire.scot.nhs.uk">Christine.Innes@lanarkshire.scot.nhs.uk</a>	5
TBC 9.15am to 16.30pm	2 Days Face to Face	Multi-agency Lanarkshire	<p><b>Solihull Training</b></p> <p>The Solihull Approach offers a 2 Day Foundation training for groups of professionals in the UK and internationally.</p> <p>The Solihull Approach introduces a model for understanding the impact of relationships on health and wellbeing</p>	<a href="mailto:Margaret.Clark@lanarkshire.scot.nhs.uk">Margaret.Clark@lanarkshire.scot.nhs.uk</a>  <a href="mailto:Fiona.Dunn@lanarkshire.scot.nhs.uk">Fiona.Dunn@lanarkshire.scot.nhs.uk</a>	2 3 4

Sept 2023

Date	Duration	Participants	Brief Summary of Content	Contact	Public Health Priority
7 <sup>th</sup> & 14 <sup>th</sup> September  *Please note both sessions must be attended	Pre Course Learning time 105 min.  Plus 2 x half day workshops	Multi-agency	<b>MAP of Health Behaviour Change</b> <b>Session aim:</b> MAP training provides tools to enable tailored, effective conversations about health behaviour change (based on Motivation, Action, Prompts & cues) that support and maintain new behaviours over time. The programme will support you to: <ul style="list-style-type: none"> <li>• Effectively <b>structure</b> your behaviour change conversations</li> <li>• <b>Decide</b> which behaviour change techniques (BCTs) to use and when to use them</li> <li>• <b>Use BCTs</b> and existing skills with <b>confidence</b></li> </ul>	<a href="mailto:Clare.mccool@lanarkshire.scot.nhs.uk">Clare.mccool@lanarkshire.scot.nhs.uk</a>	2,3,4,5,6
16/09/23 9.30am to 16.30pm	Face to face (plus 1 hour follow up session approx. 1 month later)	NHS Lanarkshire Maternity, health visiting, family nurse and health improvement staff	<b>Approaching Sensitive Conversations Training</b> <b>Session Aims:</b> <ul style="list-style-type: none"> <li>• Improve staff confidence in approaching sensitive conversations; particularly around infant feeding and breastfeeding.</li> <li>• Increase staff knowledge and communication skills to enable open and</li> </ul>	For info: <a href="mailto:Susan.short@lanarkshire.scot.nhs.uk">Susan.short@lanarkshire.scot.nhs.uk</a>  To book: <a href="mailto:wgh.maternity@lanarkshire.scot.nhs.uk">wgh.maternity@lanarkshire.scot.nhs.uk</a>	2

Sept 2023

Date	Duration	Participants	Brief Summary of Content	Contact	Public Health Priority
			meaningful conversations with women, relatives and staff about infant feeding.		
26/9/2023 at 2pm	60 min Online	<p>South Lanarkshire Health and Social Care Partnership Staff.</p> <p>Specifically target at Cambuslang, Rutherglen and East Kilbride localities.</p>	<p><b>South Lanarkshire Money Counts</b></p> <p><b>Learning objectives:</b></p> <ul style="list-style-type: none"> <li>• Identify someone who might have money worries</li> <li>• Know which financial advice and support options are available locally and nationally</li> <li>• Feel confident to support customers to access advice and support services</li> <li>• Use the 'Worrying About Money?' leaflet well and with confidence</li> </ul>	<p><a href="mailto:Margaret.porter@lanarkshire.scot.nhs.uk">Margaret.porter@lanarkshire.scot.nhs.uk</a></p> <p>Please note course sign up will close one week prior to course date.</p>	5
27/09/23 2pm to 3.30pm	90 min Online	Multi-agency	<p><b>Cancer, Cancer Screening &amp; Inequalities</b></p> <p><b>Session Aims:</b></p> <ul style="list-style-type: none"> <li>• Increase awareness of Breast, Bowel &amp; Cervical Cancer Symptoms, Screening &amp; Supports.</li> <li>• Increase awareness of inequalities and their impact on screening and what we can do about support uptake of screening in Lanarkshire via addressing barriers and supporting informed participation.</li> </ul>	<p><a href="mailto:HamiltonClydesdaleHITeamHWBTraining@lanarkshire.scot.nhs.uk">HamiltonClydesdaleHITeamHWBTraining@lanarkshire.scot.nhs.uk</a></p>	6



Sept 2023

Date	Duration	Participants	Brief Summary of Content	Contact	Public Health Priority
<p>6<sup>th</sup> and 13<sup>th</sup> September 2023</p> <p>9.15am to 16.30pm</p>	<p>2 Days Face to Face</p>	<p>Multi-Agency Lanarkshire</p>	<p><b>Solihull Training</b></p> <p>The Solihull Approach offers a 2 Day Foundation training for groups of professionals working with families in the UK and internationally.</p> <p>The Solihull Approach introduces a model for understanding the impact of relationships on health and wellbeing.</p>	<p><a href="mailto:Margaret.Clark@lanarkshire.scot.nhs.uk">Margaret.Clark@lanarkshire.scot.nhs.uk</a></p> <p><a href="mailto:Fiona.Dunn@lanarkshire.scot.nhs.uk">Fiona.Dunn@lanarkshire.scot.nhs.uk</a></p>	<p>2 3 4</p>

**Additional Training and Learning Opportunities occur throughout the year on the following topics, please contact us for further information:**

Name of Training	Contact
Adverse Childhood Experiences Training (ACEs)	Mark Kay <a href="mailto:Mark.kay@lanarkshire.scot.nhs.uk">Mark.kay@lanarkshire.scot.nhs.uk</a>
Alcohol and Drugs  Bespoke training sessions on all aspects of the health impact of drugs and alcohol	Clare McCool <a href="mailto:Clare.mcool@lanarkshire.scot.nhs.uk">Clare.mcool@lanarkshire.scot.nhs.uk</a>
Gender-Based Violence  Bespoke training on any aspect of the spectrum of violence and abuse disproportionately experienced by women and girls	Shona McCormick <a href="mailto:Shona.mccormick@lanarkshire.scot.nhs.uk">Shona.mccormick@lanarkshire.scot.nhs.uk</a>
Health Issues in the Community (HIIC) community development course.	Fiona Douglas <a href="mailto:Fiona.douglas@lanarkshire.scot.nhs.uk">Fiona.douglas@lanarkshire.scot.nhs.uk</a>
Improving Health: Developing Effective Practice  Level 9 course looking at health, inequalities, health improvement policy, theory and practice. Bespoke or shorter courses can be arranged.	Fiona Douglas <a href="mailto:Fiona.douglas@lanarkshire.scot.nhs.uk">Fiona.douglas@lanarkshire.scot.nhs.uk</a>
MAP Behaviour Change Training	Clare McCool: <a href="mailto:Clare.mccool@lanarkshire.scot.nhs.uk">Clare.mccool@lanarkshire.scot.nhs.uk</a>
South Lanarkshire Money Counts	Margaret Porter <a href="mailto:Margaret.porter@lanarkshire.scot.nhs.uk">Margaret.porter@lanarkshire.scot.nhs.uk</a>



Name of Training	Contact
Oral Health and/or Mouth Cancer	Jillian McGovern <a href="mailto:Jillian.McGovern@lanarkshire.scot.nhs.uk">Jillian.McGovern@lanarkshire.scot.nhs.uk</a>
Sexual Health and Blood Borne Viruses  Bespoke training on these topics	Jude Irwin <a href="mailto:Jude.Irwin@lanarkshire.scot.nhs.uk">Jude.Irwin@lanarkshire.scot.nhs.uk</a>
Solihull Training For more information on Solihull online learning and associated resources.	Margaret Clark <a href="mailto:Margaret.Clark@lanarkshire.scot.nhs.uk">Margaret.Clark@lanarkshire.scot.nhs.uk</a> <a href="mailto:Fiona.Dunn@lanarkshire.scot.nhs.uk">Fiona.Dunn@lanarkshire.scot.nhs.uk</a>
Tobacco  Bespoke training on all aspects of the health impact of tobacco	Tracy-Ann Kidd <a href="mailto:Tracy-Ann.Kidd@lanarkshire.scot.nhs.uk">Tracy-Ann.Kidd@lanarkshire.scot.nhs.uk</a>
Trauma Training  Bespoke training on all aspects of defining, identifying and working with people who have experienced psychological trauma, including the impact on staff	Fiona Douglas <a href="mailto:Fiona.douglas@lanarkshire.scot.nhs.uk">Fiona.douglas@lanarkshire.scot.nhs.uk</a>
Training Calendar Queries	Jane Kelly <a href="mailto:Jane.kelly@lanarkshire.scot.nhs.uk">Jane.kelly@lanarkshire.scot.nhs.uk</a>