

MAT STANDARDS IMPLEMENTATION PLAN

This MAT Standards Implementation Plan has been produced to set out actions being taken in the Integration Authority area:

South Lanarkshire

The lead officer/postholder nominated to ensure delivery of this Implementation Plan is:

Name	Position/Job Title
Ian Beattie	Head of Health and Social Care

This Plan is intended to ensure that services in the Integration Authority area are meeting the standards and the respective criteria for each standard as set out in the Drug Deaths Taskforce report: [Medication Assisted Treatment standards: access, choice, support](#) published in May 2021.

This Plan has been developed by partners and has taken account of the voices of lived and living experience. The Governance arrangements for local oversight of progress against this Plan, including the role of lived and living experience in this is as follows:

<p>An Oversight and Implementation group of which Family and Lived Experience representatives are members, has been set up with key stakeholders for implementation of the MAT Standards. The group meet monthly and has Pan-Lanarkshire representation. The Implementation group will take a multi-partnership approach to overseeing all clinical and operational aspects of the work required to embed MAT standards across Lanarkshire in keeping with the model proposed.</p> <p>Updates on progress will be provided quarterly to Health and Social Care Partnership leadership for North and South, NL ADP Board and SL ADP Executive Boards and this will be the responsibility of the Project Leads and group Chairs. Recruitment for two Project Leads has been commenced. South Lanarkshire HSCP will have its own Project Lead and will liaise with senior stakeholders accordingly. This will be the responsibility of the Project Leads and group Chairs.</p> <p>South Lanarkshire HSCP will however maintain an individual plan as well as a pan Lanarkshire plan so as to differentiate the actions required within South Lanarkshire as opposed to North Lanarkshire and to be able to monitor progress from a South Lanarkshire perspective.</p>
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This Plan has been signed off on behalf of the delivery partners by:

Name	Position	Delivery Partner	Date signed
Soumen Sengupta	The Chief Officer of the Integration Joint Board	Integration Authority	04/10/2022
Heather Knox	The Chief Executive of the NHS Board	Health Board	05/10/2022
Cleland Sneddon	The Chief Executive of the Local Authority	Local Authority	03/10/2022
Ian Beattie	Head of Health and Social Care	Health & Social Care Partnership	03/10/2022
Liam Purdie	Chair of the Alcohol and Drug Partnership	Health & Social Care Partnership	03/10/2022

MAT Standard 1	All people accessing services have the option to start MAT from the same day of presentation.	This means that instead of waiting for days, weeks or months to get on a medication like methadone or buprenorphine, a person with opioid dependence can have the choice to begin medication on the day they ask for help.
April 2022 RAG status		
Actions/deliverables to implement standard 1		Timescales to complete
Pan-Lanarkshire		
South Lanarkshire		
The Medication Assisted Treatment Standard Implementation Support Team (MIST) facilitated a quality improvement session with South Lanarkshire Alcohol and Drug Treatment Partnership partners inclusive of treatment services (statutory and commissioned) and lived experience (individual and family/carers). It was agreed that we would be able to deliver a Test of Change (TOC) within current resources that would facilitate rapid access to treatment across all 4 of our locality teams. This is based on an initial ToC conducted in Clydesdale locality, based on an urgent response team model and for which MIST endorsed extending to include the other 3 localities, as a ToC. (This is therefore being planned collaboratively and supported by MIST).		Test of Change Commencement planned for October 31st
Discussions have taken place around developing a Communication strategy to support targeted awareness raising of change of service delivery model, and promotion of individual choice. Communications team will be invited to the next MAT Standards Pan Lanarkshire Oversight and Implementation meeting.		End October 2022
ToC Planning group established which meets fortnightly.		Sep 2022
Key staff and wider colleagues identified and informed.		Sep 2022
ToC scope of delivery agreed.		Sep 2022

Standard Operating Procedure (SOP) in progress inclusive of prescribing guidance, governance and supervision.	End Oct 2022
Professional assurance being pursued from the Associate Director of Nursing, Mental Health and Learning Disabilities(MHLD) & Addictions, to support new model of working within ToC period.	End Oct 2022
Liaison with community pharmacy colleagues to ensure awareness of ToC and flexibility of response.	End Oct 2022
Commissioned Third Sector organisations involved in Assertive Outreach, First Responder, and Recovery initiatives, peer support lived experience worker initiatives, have agreed to support delivery of ToC to complement an urgent care response model of service. (Reachout, The Givit, The Beacons, Acute Substance Misuse Liaison Nurses (SMLN), GPs and Lanarkshire Harm Reduction Team).	Sep 2022
Recruitment of 3 Advanced Practice posts out to advert, and which will form initial structure of future Urgent Care Response Team.	End Nov 2022
Professional leadership and supervision structure to be put in place to support these new roles.	End Oct 2022

MAT Standard 2	All people are supported to make an informed choice on what medication to use for MAT and the appropriate dose.	People will decide which medication they would like to be prescribed and the most suitable dose options after a discussion with their worker about the effects and side-effects. People will be able to change their decision as circumstances change. There should also be a discussion about dispensing arrangements and this should be reviewed regularly.
April 2022 RAG status		
Actions/deliverables to implement standard 2		Timescales to complete
Pan-Lanarkshire		
Communication strategy to be developed to support targeted awareness raising of change of service delivery model and promotion of individual choice.		March 2023
Service user friendly information leaflets to be developed.		March 2023
South Lanarkshire		
Awareness sessions about MAT Standards to be arranged for families and carers		End Oct 2022

MAT Standard 3	All people at high risk of drug-related harm are proactively identified and offered support to commence or continue MAT.	If a person is thought to be at high risk because of their drug use, then workers from substance use services will contact the person and offer support including MAT.
April 2022 RAG status		
Actions/deliverables to implement standard 3		Timescales to complete
Pan-Lanarkshire		
<p>A pan-Lanarkshire approach to a Non-Fatal Overdose (NFOD) pathway identified by Scottish Ambulance Service (SAS) involves intelligence led identification of current access to services through NHS Lanarkshire Harm Reduction team, risk assessment, onward referral if possible or assertive outreach if necessary within a 72 hour period of the identification of the person. This currently operates on a weekday basis, supported by Lanarkshire Overdose Response Team (LORT) which accepts referrals out of hours and on weekends through Substance Misuse Liaison Nurses (SMLN) at all major hospital sites.</p> <p>Referral of known clients to all NHS Treatment and recovery teams results in rapid follow up and support, with internally agreed protocols. A database of all responses has been built and relevant information is distributed to internal groups to highlight any real time issues.</p> <p>NFOD Report Up till 13 September</p> <p>Referrals</p> <p>361/637 total referrals from SAS (number of individuals followed up 334 as some were indicated multiple times)</p> <ul style="list-style-type: none"> - North Lanarkshire 217 (198 individuals) - South Lanarkshire 144 (136 individuals) <p>Total linked to services prior to NFOD event</p> <ul style="list-style-type: none"> - NL 108/198 individuals/ SL 60/136 individuals <p>Subsequent referrals or follow up</p> <p>Community Addiction Recovery Service (SL) (CAREs) 65</p> <p>Addiction Recovery Team (SL) (ART) 110</p> <p>LORT 8</p>		March 2023

<p>Harm Reduction Team (HRT) 139 Naloxone 181 of total assessed had been supplied with naloxone 125 had a personal supply of naloxone Naloxone administered before SAS arrival 67 times 27 Good response/ 26 Medium response/ 8 Poor response 4 No response Naloxone administered by SAS 325 times 121 Good response/ 121 medium response/ 58 Poor response 53 No response/ 7 Not known</p>	
South Lanarkshire	
<p>To embed a NFO pathway to include prioritisation of recovery plan reviews for people who have experienced NFO- Work with Pan Lanarkshire Community Prescribing Service (CPS) colleagues to carry out an option appraisal that is considerate of this identified need and is capable of releasing capacity to deliver this intervention.</p>	<p>March 2023</p>

MAT Standard 4	All people are offered evidence-based harm reduction at the point of MAT delivery.	While a person is in treatment and prescribed medication, they are still able to access harm reduction services – for example, needles and syringes, BBV testing, injecting risk assessments, wound care and naloxone.
April 2022 RAG status		They would be able to receive these from a range of providers including their treatment service, and this would not affect their treatment or prescription.
Actions/deliverables to implement standard 4		Timescales to complete
Pan-Lanarkshire		
South Lanarkshire		
Within the ToC, there is a strong focus on the delivery of Naloxone, and other harm reduction advice will be addressed simultaneously with initial prescribing and on an ongoing basis.		October 2022
Operational issues are being resolved to ensure South Lanarkshire colleagues trained on overdose intervention and delivery of Naloxone, can deliver the appropriate level of harm reduction advice and/or intervention. This is being addressed locally by CARES Operational Manager.		March 2023

MAT Standard 5	All people will receive support to remain in treatment for as long as requested.	A person is given support to stay in treatment for as long as they like and at key transition times such as leaving hospital or prison. People are not put out of treatment. There should be no unplanned discharges. When people do wish to leave treatment they can discuss this with the service, and the service will provide support to ensure people leave treatment safely.
April 2022 RAG status		Treatment services value the treatment they provide to all the people who are in their care. People will be supported to stay in treatment especially at times when things are difficult for them.
Actions/deliverables to implement standard 5		Timescales to complete
Pan-Lanarkshire		
South Lanarkshire		
Development of a multiple complex needs pathway that is capable of delivering coordinated care to people who are compromised by physical, mental and social challenges that create barriers to engagement in care.		New posts to support same due to commence 17.10.22

MAT Standard 6	The system that provides MAT is psychologically informed (tier 1); routinely delivers evidence-based low intensity psychosocial interventions (tier 2); and supports individuals to grow social networks.	This standard focuses on the key role that positive relationships and social connection have to play in people's recovery. Services recognise that for many people, substances have been used as a way to cope with difficult emotions and issues from the past. Services will aim to support people to develop positive relationships and new ways of coping as these are just as important as having the right medication.
April 2022 RAG status		
Actions/deliverables to implement standard 6		Timescales to complete
Pan-Lanarkshire		
South Lanarkshire		
Development of a service plan for delivering tier 1 psychologically informed care and tier 2 low intensity psychological interventions		March 2023
Establishment of a steering group to oversee the delivery of these plans		March 2023
Workforce development policy and plan in place to ensure staff have training in relation to psychosocial intervention and support to implement this training (coaching, reflective practice, supervision)		March 2023
Clear pathway for service users to access higher intensity Tier 3 and 4 psychological interventions		Oct 2022
Services are well linked in with the Beacons and Recovery Communities providing a strength locally for the social networks aspect of care. Support the development of social networks by:		Currently in place

<p>a) actively promoting and linking people to services that place an emphasis on support from mutual aid and other recovery networks. There should be a clear and realistic recovery plan that outlines the network of support available to the person, including key people in their life;</p> <p>b) providing support to build social capital through the promotion of connections with people in mutual aid or other pro-recovery networks;</p> <p>c) providing social bonding and social bridging interventions, specifically designed to modify a person's social networks, including work with families or nominated persons.</p>	
<p>Begin access for all staff to training in psychosocial interventions and support to implement this (coaching, reflective practice, supervision). This sits within the longer term vision of the plan.</p>	<p>March 2023</p>
<p>Establish clearly defined roles for delivering structured psychosocial interventions within staff job plans, and protected time to do this;</p> <ul style="list-style-type: none"> • agree caseload sizes that allow staff to routinely deliver structured psychosocial interventions; 	<p>March 2023</p>

MAT Standard 7	All people have the option of MAT shared with Primary Care.	People who choose to will be able to receive medication or support through primary care providers. These may include GPs and community pharmacy. Care provided would depend on the GP or community pharmacist as well as the specialist treatment service.
April 2022 RAG status		
Actions/deliverables to implement standard 7		Timescales to complete
Resources allocated to GPs with special interest who offer community prescribing service support direct to our statutory services - CPS		N/A

MAT Standard 8	All people have access to independent advocacy and support for housing, welfare and income needs.	People have the right to ask for a worker who will support them with any help they need with housing, welfare or income. This worker will support people when using services, make sure they get what best suits them and that they are treated fairly.
April 2022 RAG status		
Actions/deliverables to implement standard 8		Timescales to complete
A new advocacy tender is in the process of being awarded, however we are currently in standstill period in relation to procurement. The commissioned organisation will work alongside south Lanarkshire ADP to ensure individuals impacted or affected by substance use who require independent advocacy services are supported to express their views, wishes, stand up for their rights and offered support for their needs and for their voice to be heard in order to ensure a human rights based approach is being practiced and evidenced.		Initiated November 2022

MAT Standard 9	All people with co-occurring drug use and mental health difficulties can receive mental health care at the point of MAT delivery.	People have the right to ask for support with mental health problems and to engage in mental health treatment while being supported as part of their drug treatment and care.
April 2022 RAG status		
Actions/deliverables to implement standard 9		Timescales to complete
Pan-Lanarkshire		
South Lanarkshire		
Development of a service plan that includes the MAT criteria in both Mental Health and Substance Use services.		March 2023
Agreed referral pathways across the local Recovery Orientated System of Care (ROSC) to support any identified substance use		March 2023
Identify a named professional at the point of referral, as the main contact responsible for communication between services, and with the person and their family member or nominated person(s);		March 2023
Training and workforce development plan to ensure staff working in mental health services have adequate knowledge and skills in relation to substance use, and staff working in substance use services have adequate knowledge and skills in relation to mental health.		March 2023
Ensure that there is a joint pathway and SOP to ensure dual diagnosis links adult MH and addictions (clear governance structures in place to co-ordinate care (e.g. care programme approach) and establish effective joint working arrangements to care for those with significant mental illness and substance use)		March 2023
Establishment of a steering group that oversees the implementation of these plans.		March 2023

Development of a service plan that includes the MAT criteria in both Mental Health and Substance Use services.

March 2023

MAT Standard 10	All people receive trauma informed care.	<p>The treatment service people use recognises that many people who use their service may have experienced trauma, and that this may continue to impact on them in various ways.</p> <p>The services available and the people who work there, will respond in a way that supports people to access, and remain in, services for as long as they need to, in order to get the most from treatment. They will also offer people the kind of relationship that promotes recovery, does not cause further trauma or harm, and builds resilience.</p>
April 2022 RAG status		
Actions/deliverables to implement standard 10		Timescales to complete
Pan-Lanarkshire		
South Lanarkshire		
Delivery plan in place for delivering trauma informed care that takes into account the 5 key drivers for organisational change recognised by NHS Education for Scotland: engagement with people with lived and living experience of trauma in all aspects of service delivery, evaluation and improvement planning, developing trauma-informed leadership, growing workforce knowledge and skills, promoting workforce wellbeing, and collecting data and information to evaluate services.		March 2023
Conduct baseline assessment of current trauma informed care delivery.		March 2023
Oversee that the physical environment is more trauma informed.		March 2023

Ensure mechanisms are in place to maximise staff wellbeing and reduce the risk of secondary traumatisation, burnout and compassion fatigue - such as policies for regular supervision;	March 2023
Services include people with lived and living experience of trauma and their family member or nominated person(s) in all aspects of service delivery, evaluation and improvement planning (where the person wishes this);	March 2023
The knowledge and skills of the MAT workforce (including senior leaders) are aligned to the Transforming Psychological Trauma: Knowledge & Skills Framework – linked to standard 6, regards workforce development planning. Currently rolling out Safety and Stabilisation training.	March 2023
Alignment of practice with MAT Standard 6 Psychological support and the use of validated tools for routine trauma screening;	March 2023
Service evaluation and continuous quality improvement is underpinned by the principles of trauma informed care.	March 2023
Establishment of a steering group that oversees the development and implementation of trauma informed care across MAT services.	March 2023