




South
Lanarkshire
**Alcohol and Drug
Partnership**

PREVENTION » TREATMENT » RECOVERY »



South Lanarkshire Alcohol Drug Partnership Strategy 2020 – 2023

» **Working together** to improve the health and wellbeing of everyone affected by alcohol and drugs in South Lanarkshire »

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1 Foreword

South Lanarkshire's Alcohol and Drug Partnership (ADP) was formed in September 2017. In the three years since it was established, we have seen quite a bit of positive change.

I am proud of the successes achieved over this period, driven by South Lanarkshire ADP which has aligned itself with nationally commissioned organisations. The ADP has focused greatly on the strengths and diversity of third sector and statutory organisations and most importantly on individuals, families and respective local communities within all four localities. This has contributed to make known that recovery is possible, and to make it more visible in South Lanarkshire, whilst honouring its uniqueness.

Although we have experienced successes in the last three years, we have also sadly and tragically, seen a sharp increase in drug related deaths across Scotland. In 2018, there was a reported 1,187 people who died, the highest ever number recorded in Scotland with 60 deaths recorded in South Lanarkshire alone.

People who access substance use treatment services may also have long term conditions which may contribute significantly to premature mortality thus compounding the inequality that exists within health in Scotland and locally in South Lanarkshire.

Whilst acknowledging that alcohol deaths are not rising at such a rate, with the majority of health boards having seen a reduction in the rate of alcohol-related stays in general acute hospitals since the peak of activity in 2007/08, there is no room for complacency in Lanarkshire and efforts have been made to reflect the actions within the national Alcohol framework within this strategy for South Lanarkshire.

Echoing the national strategy *Rights, Respect and Recovery*, South Lanarkshire Alcohol and Drug Partnership emphasises the belief that everyone has the right to health and to live free from the harms associated with alcohol and drugs. Everyone has the right to be treated with respect and dignity and for their individual recovery journey to be fully supported.

This strategy therefore sets out the South Lanarkshire ADP's approach to tackling alcohol and drug related problems, both of which can be inextricably linked to health inequalities. There is a need for a collective acknowledgement that the use of alcohol and drugs is a complex health and social issue and different evidence based interventions are indicated and required by different populations and therefore the need to adopt a public health approach is vital for future success of outcomes.

It is essential to recognise the challenges that people and families are exposed to if we are to improve public health within the population of South Lanarkshire. Adopting a public health approach also requires us all to think about how best to prevent harm, which takes us beyond just health services. This requires links into other policy areas including housing, education and justice.

Community planning requires local public sector bodies to work together with community bodies, to improve outcomes on themes they determine are local priorities for collective action. Where reducing the use of and harms from alcohol and drugs feature in these priorities, local Community Planning partners should consider how co-operation with the Alcohol and Drug Partnership can support delivery.

It is incumbent therefore upon us to acknowledge a different way of working is required, a way that supports everybody as part of a wider system to move towards a shared vision of improved health and outcomes for individuals families and communities. This strategy has therefore also adopted a human rights based and public health approach in order to deliver the best possible care, treatment and responses for individuals and communities. It is also a strategy that characterises the multi-agency collaboration that is required for the improvement of outcomes with a clear evidence base.

In developing this strategy we have included the views of service users, their family members, staff working within our treatment and care services, members of our third sector and community groups as well as other key ADP partners (housing, mental health, criminal justice, education, social work and police). We have also reviewed a number of local plans and national strategies to ensure that we are reflecting the key priorities of South Lanarkshire's community planning partners.

The Scottish Government has agreed that ADP earmarked funding allocations to support alcohol and drug outcomes will continue. We have therefore worked with South Lanarkshire Integrated Health and Social Care Partnership during 2019/20 to ensure our Strategy and Improvement plan are embedded within these arrangements.

As the policy environment continues to evolve and the evidence base expands, our Strategy and Improvement Plan will be subject to on-going review and refinement to ensure they continue to fit with national and local priorities. We will also continue to work closely with South Lanarkshire public protection forums to reduce harm and promote well-being whilst recognising the need to address the adverse impact of substance misuse on individuals, their children, other family members and the broader communities in which they live.

The Community Plans and Local Outcome Improvement Plans for South Lanarkshire outline the priorities for South Lanarkshire's citizens and communities in the future. These are the overarching strategy documents which link to the priority outcomes we hope to achieve. We have continued to reflect these priorities within our strategy and will work with our community planning partners over the next three years to report on our progress.

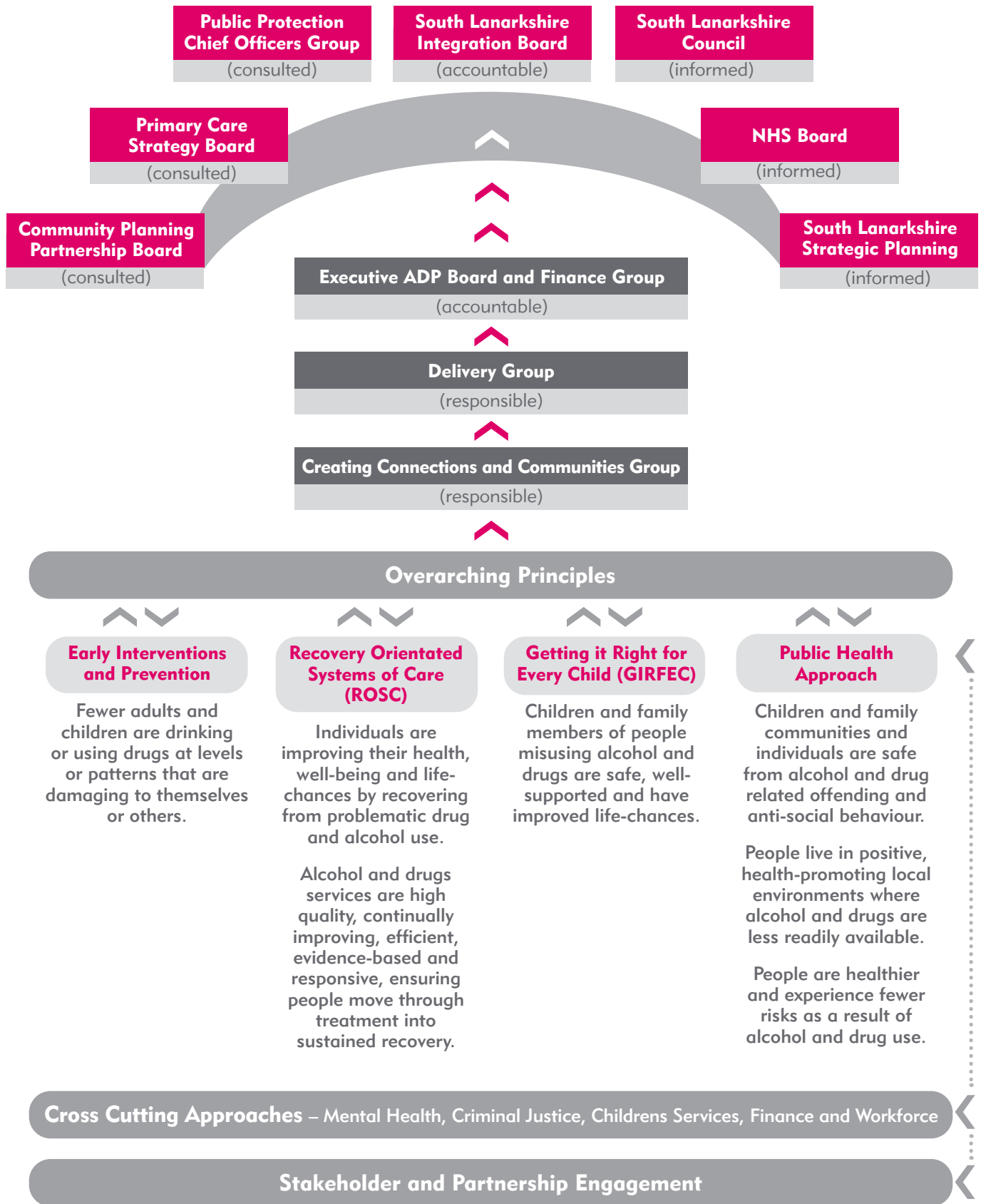


Liam Purdie

South Lanarkshire ADP Chair

2 Governance Structure

The graphic below illustrates the governance structure for South Lanarkshire ADP.



3 Introduction

3.1 Our Approach

The national alcohol and drug strategies were introduced by the Scottish Government in 2008 and refreshed ten years later in November 2018. They both respectively set out a vision where all alcohol and drug treatment and care services are based on the principle of recovery. The refreshed national alcohol and drug strategies continue to provide the framework for delivering alcohol and drug prevention, treatment and support services in South Lanarkshire. The South Lanarkshire ADP is responsible for implementing these national alcohol and drug strategies within each of our four local areas.

The recent public health reform programme recognises that Scotland continues to experience higher levels of harm and health inequalities than other parts of the UK and Europe (*Partnership Delivery Framework 2019*). One of its priorities therefore places emphasis on addressing prevention and addressing socioeconomic inequalities, working within a wider whole system approach.

Working within this context therefore, South Lanarkshire ADP will collectively, with its partner organisations continue to promote health and well-being within our wider communities by tackling the underlying root causes of alcohol and drug problems. These include trauma, socio-economic deprivation, family breakdown, poverty, mental ill-health and crime which will depend on the whole systems approach recommended within the partnership delivery framework.

This strategy and action plan therefore replaces the previous Lanarkshire ADP strategies and delivery plans, and will focus on achieving the illustrated aims (priorities) in order to deliver on the national ADP outcomes.

3.2 The Framework

Over the past ten years there has been a lot of hard work done in collaboration to deliver this vision, and in South Lanarkshire, we continue to work towards making sure that we have recovery-focused outcomes in all of our services to ensure that the lives of individuals, their children, other family members and communities affected by alcohol and drugs are improved.

The refreshed national alcohol and drug strategy, 2018, Rights, Respect and Recovery, sets out a series of priorities and outcomes that align themselves to the public health priorities in Scotland and continues to provide the framework for delivering alcohol and drug prevention, treatment and support services in South Lanarkshire. This will be achieved only by applying a whole system approach to deliver sustainable meaningful services and supports, informed by a clear and collective understanding of the local system.

3.3 Financial Framework

This strategy and delivery plan outlines how existing and additional investment in alcohol and drug services over the next three years will be used to improve services for individuals, families and local communities in South Lanarkshire.

3.4 Partnership Agreements

There is also a suite of national recovery indicators which form part of the national Drug and Alcohol Information System (DAISy) database. We will therefore work in partnership with our local statutory and third sector providers to ensure that these are included within our service level and partnership agreements in order that we can measure the recovery outcomes for all clients within our treatment and care services.

4 Who Are We?

4.1 South Lanarkshire Alcohol Drug Partnership

ADPs are dedicated multi-agency strategic partnerships focused on alcohol and drugs, operating in each local authority area and are firmly embedded within wider arrangements for community planning.

Members include those agencies with an interest in early intervention, prevention, providing treatment and intervention for people experiencing problem alcohol and drug use, as well as other key stakeholders. ADPs are responsible for developing local strategies for tackling, reducing and preventing problem alcohol and drug use. They also have responsibility for planning and commissioning services to deliver improved core and local outcomes, taking into account local needs, circumstances and resources.

Key partners on the ADP are:

- Police Scotland
- South Lanarkshire Council
- NHS Lanarkshire
- Housing Support
- Scottish Prison Service
- Treatment Providers
- Children and Families Services
- Social Work
- Youth Services
- Integration Authorities
- People with lived/living experience
- Community Organisations
- Scottish Fire and Rescue Service
- Scottish Ambulance Service
- Third Sector

4.2 Alcohol and Drug Partnership Support Team

ADPs are supported by an expert local team focussing on the operation, delivery and the outcomes of commissioned services to address local needs and issues in relation to alcohol and drugs within a public health framework.

In South Lanarkshire ADP the team is referred to as the ADP support team the members of whom are Strategic Lead, Development Officer, Information and Data Analyst, Information and Administration Officer and currently two Recovery Coordinators who are based and hosted within the community recovery and respond beacons in the localities.

The ADPs are responsible for developing local strategies to deliver the whole population approach at a local level and commissioning services which meet the needs of local people.

The South Lanarkshire ADP is responsible for implementing these national alcohol and drug strategies within each of our four local areas, namely Clydesdale, East Kilbride, Hamilton and Rutherglen/Cambuslang.

Mirroring the national strategy *Rights, Respect and Recovery: Alcohol and Drug Treatment Strategy, 2018* and its vision, the local South Lanarkshire ADP's strategic vision reflects much the same in principle, as that of the national strategy.

In addition, our vision reflects and underpins the higher level national outcomes of our Community Planning Partners, namely;

» Working together to improve the health and wellbeing of everyone affected by alcohol and drugs in South Lanarkshire »

4.3 Delivering this will involve:

- A focus on prevention and early intervention which will reduce the individual, family and societal factors which increase the likelihood of alcohol and drug use and related harm;
- Ensuring that actions to reduce use and harm are tackling health inequalities;
- A continuing whole-population approach to changing Scotland's relationship with alcohol;
- Adopting a Human Rights-based, person-centred response to individuals and families experiencing alcohol and drug related harm, ensuring a focus on those who are most at risk;
- A focus on taking an improved public health approach particularly in justice settings - reducing use and harm - and taking vulnerable people out of the justice system;
- An evidence informed approach, which appropriately involves academic evidence, the voice of lived and living experience, family members, those with professional experience and other intelligence on alcohol and drug related harm and recovery;
- Coordination of planning and prevention across the area of public protection to get a whole systems approach;
- Clear arrangements for continuous improvement in delivery across the Scottish Government, Health Boards, Local Authorities, Police Scotland, the Scottish Prison Service, the Third Sector and other key organisations, particularly in working with local communities and recovery groups.

Thus our vision reflects and underpins the higher level national outcomes of rights, respect and recovery, the national drugs and alcohol strategy.



5 Our Vision and Priorities

South Lanarkshire is a place where:

- All people have the **right** to a long, purposeful, meaningful life and for this life to be free from the harms of alcohol and drugs.
- Individuals and families are treated with dignity and **respect**.
- Individuals, families and communities are included and fully supported to find their own unique concept and working model of **recovery**.

We will achieve this vision by delivering, in partnership, the Public Health priority to reduce the risk of harm from alcohol and drugs, with a particular focus on reducing alcohol and drug deaths.

Priority 1:

Early intervention and prevention

Outcome:

Fewer people in South Lanarkshire develop problematic alcohol and drug use

Priority 2:

Developing Recovery Oriented Systems of care (ROSC)

Outcome:

People access and benefit from effective, integrated person centred support to achieve their recovery

Priority 3:

Getting it right for children, young people and families affected by substance use

Outcomes:

Children and families affected by alcohol and drug use will be safe, healthy, included and supported

Priority 4:

Public Health Approach

Outcomes:

Vulnerable people are supported to assist with housing, financial welfare, employability, mental health and are diverted from the justice system where possible and those in the system are fully supported.

Priority 5:

Alcohol Framework

Outcomes:

Less harm is caused by alcohol in South Lanarkshire

5.1 Priority 1: Early Intervention and Prevention

Outcome

Fewer people develop problematic alcohol and drug use.

Commitment

- We will work with our partners to ensure targeted prevention and early intervention are at the heart of what we do to enhance community safety and wellbeing.
- In that spirit of partnership we will identify and implement actions to reduce socioeconomic inequalities and improve the health of our communities.
- The ADP will focus on early intervention and prevention across our population.
- We will ensure a collaborative, inclusive approach to the strategy delivery is taken in accordance with agreed decision making principles, governance and organisation policy.
- We will adopt a comprehensive approach, working with key experts including those with lived and living experience to reduce future harm.
- We will employ robust mechanisms to monitor programme of work, project action plans and programme activities.

Agreed action	Target population	Lead	Evidence	Timescale
Deliver Alcohol Brief Intervention (ABI) training to staff who work directly with young people in order to have staff equipped to address problematic and hazardous drinking with young people	Younger people within locality communities Schools	LANDED Peer Education Service	Number of activities delivered as detailed in contract with ADP	Until June 2021
Encourage conversations and raise awareness around alcohol and drugs within schools by developing resources on Healthy Schools website	Nurseries, Primary Schools Secondary Schools	Health Improvement (South Lanarkshire Health and Social Care Partnership) and Education LANDED Peer Education Service Police Scotland	Number of teachers accessing Healthy Schools website	On going

Agreed action	Target population	Lead	Evidence	Timescale
Contribute to the development of a programme relating to substance use in education in relation to early intervention and prevention to ensure it is good quality, and in line with best practice	Primary and Secondary School	ADP Support Team South Lanarkshire Council (SLC) Education Scottish Fire and Rescue Service	Increased awareness and conversations in relation to substance use as well as contributing to resources available on 'Healthy Schools' website	March 2021
Work with and support children, young people and their families who are either subject to child protection registration or at risk of registration and are affected by substance using parents/carers	Aged 0-12 years	Fás, SLC Scottish Families Affected By Alcohol and Drugs (SFAD), My Support Day/Beacons	Reduction of the number of children on child protection register	August 2021
Provide services to young people currently remanded or serving a custodial sentence of 4 years or under who will reside within South Lanarkshire on liberation	Young people under the age of 21	Link Project SLC	Reduction in reoffending and increased engagement with appropriate services upon release Quarterly reports	March 2021
Continue to deliver ABIs for young people and adults	All age groups	NHS Lanarkshire (NHSL)	No of ABIs delivered to YP and adults	On going

Agreed action	Target population	Lead	Evidence	Timescale
Develop alcohol and drug education based person centred approaches that are delivered in line with evidence based practice to aim to reach all young people and children	Work within settings such as youth groups, community learning and development, care experienced children and young people, excluded children and those in touch with services	Education Third sector	No and type of education sessions delivered	Ongoing
Ensure addiction services increase the number of individuals tested for Blood Borne Virus (BBV) within addiction services	Individuals on opiate replacement therapy (ORT)	Community Addictions Recovery Service (CAREs) BBV Network	Increase in % of ORT clients who have ever received a BBV test	Ongoing
Ensure addiction services increase frequency of BBV testing	Individuals on opiate replacement therapy (ORT)	CAREs BBV Network	Increase in % of ORT clients who have received a BBV test within the last 12 months	Ongoing
Increase number of individuals who have been vaccinated against hepatitis B	Individuals on opiate replacement therapy (ORT)	CAREs BBV Network/ public health NHS Lanarkshire	Increase % of clients who have been vaccinated against hepatitis B	Ongoing

5.2 Priority 2: Developing Recovery Oriented Systems of Care

Outcome

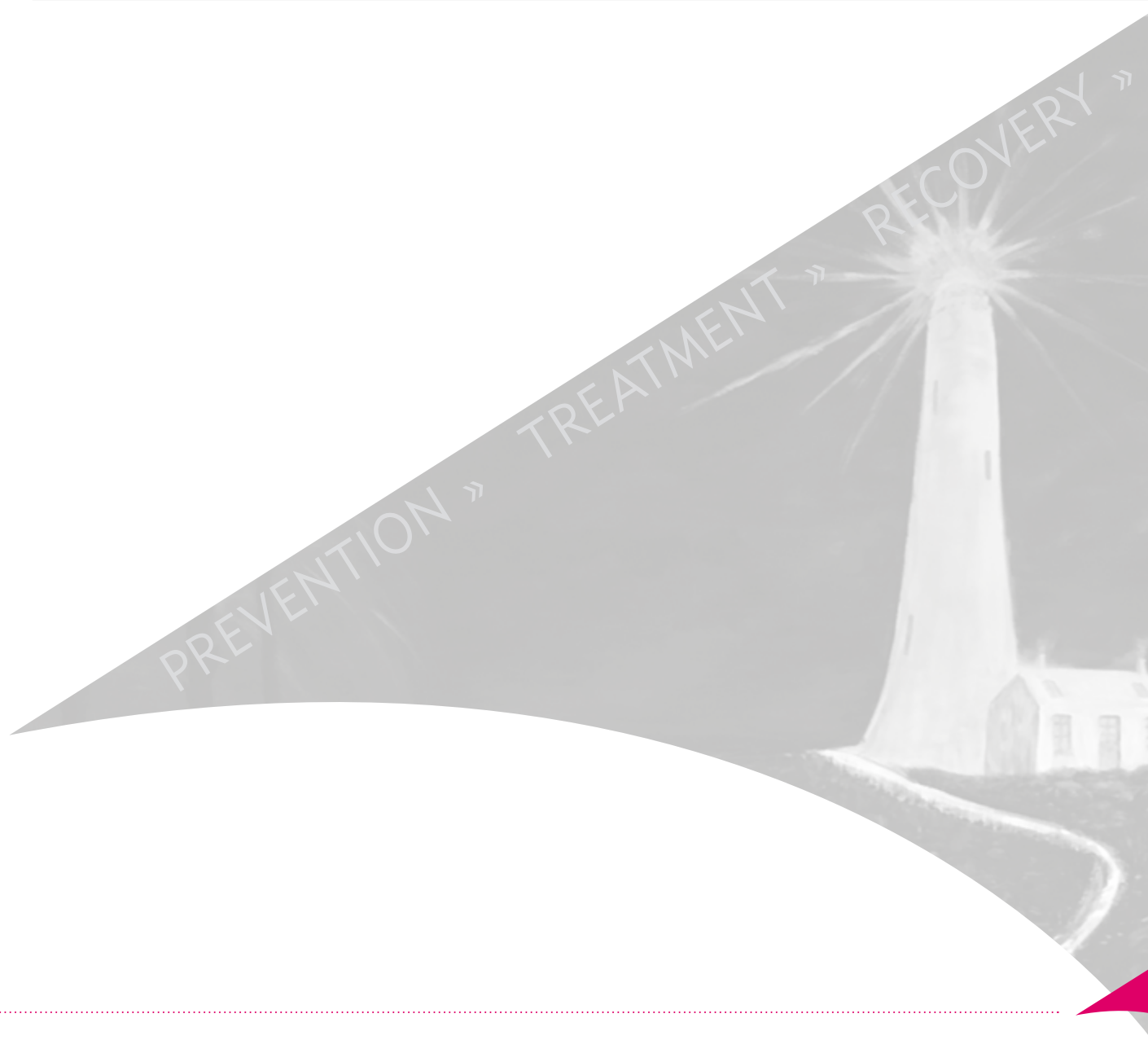
Individuals receive the right care at the right time within the right setting that supports and achieves their recovery through a whole family approach.

Commitment

- Employ a resilience perspective that can help us to identify people and communities to be supported to enhance their vitality and viability in the face of challenge and change.
- We will develop trauma informed approaches within alcohol and drug services.
- Monitor, support and facilitate the delivery of the commitments set out in "Rights, Respect and Recovery", including a focus on taking an improved public health approach to justice.
- Support a human right based approach to advocacy services.
- Improve access to harm reduction interventions, treatments and recovery services.
- Invite and include voices of lived and living experience in developing, designing and delivering approaches to treatment, interventions and recovery services.
- Move away from traditional approaches of engagement and promote the use of assertive outreach.
- Continuous improvement of drug treatment services.

Agreed action	Target population	Lead	Evidence	Timescale
Continued development and evaluation of Recovery Oriented Systems of Care - Locality Beacons which adopt a whole family approach	South Lanarkshire communities	Liber8 Ltd	Evaluation report currently undertaken by AXIOM	On going
Implementation of a lived experience group within ADP Governance Structure	Local communities and people in recovery in South Lanarkshire	SL ADP Board	Quarterly meetings conducted and coordinated by people with lived experience with reports and actions from such and that will influence service design and delivery	Quarterly throughout year

Agreed action	Target population	Lead	Evidence	Timescale
Provide advocacy services within local communities/ Beacons	People in treatment services and accessing beacons	SL ADP and advocacy services commissioned	Quarterly reports to ADP from Advocacy service	From March 2020
Actively involve individuals with lived and living experience in the design of first responders approach	Local communities	Liber8 Ltd	Quarterly reports to ADP from Liber8	Ongoing
Working in partnership with current statutory and third sector services to improve engagement and retention rates	People who are not engaging with treatment and/or services	CAReS and We Are With you	Improved engagement and retention rates	Ongoing
Close management and monitoring of performance and delivery of treatment services	Treatment delivery services	SL ADP	Monthly reports; Outcome star	Ongoing



5.3 Priority 3: Getting it Right for Children, Young People and Families

Outcome

Children and families affected by alcohol and drug use will be safe, healthy, included and supported.

Commitment

We will work with all ADP partners to support families and share concerns quickly and effectively to protect children and young people from harm.

Ensure all families have access to services and support where appropriate, provided through a whole family approach in line with the values, principles and core components of GIRFEC and SHANARRI indicators.

Agreed action	Target population	Lead	Evidence	Timescale
Children at risk from impact of parental substance use are identified and appropriate action taken to ensure that their needs are met in their own right	All children in South Lanarkshire	HSCP – social work and addiction services	Reduction in number of children at risk due to parental substance use	Ongoing
Involve children, parents and other family members in the planning, development and delivery of services at local level	Local communities, people in recovery and family members	SL ADP, SFAD, Liber8	Representation of children, parents and other family members on appropriate groups	Ongoing
Support children's houses to ensure that they receive training/information whilst also promoting a whole family approach for parents/family members	SLC Children's House's, family members and staff	Landed SLC	Number of training sessions delivered Number of family members signposted to the beacons	Ongoing
Family members will be invited to participate in Creating Connections ADP group to ensure there is a continued focus on family support	Family members affected by substance use	ADP Support Team	Number of family members represented on creating connections group	Ongoing

5.4 Priority 4: A Public Health Approach (focusing on improving health and wellbeing, reducing inequalities, preventing harm from problem drug use and addressing the wider determinants of health)

Outcome

Vulnerable people are fully supported to assist with housing, financial welfare, employability, physical and mental health and are prioritised on release from prison care in relation to through care.

Commitment

- Reduce the number of drug related deaths in South Lanarkshire.
- We will improve access to evidence based harm reduction approaches for those experiencing alcohol and drug harms.
- We will continue to develop person centred approaches with the partner agencies of the ADP working with people with alcohol and drug problems, in line with the issues raised in the *Hard Edges* report and targeting people who are most at risk.
- Ensure that people who come into contact with partnership agencies are provided with the right support from appropriate services.
- Promote a whole system approach (WSA) in supporting vulnerable individuals including those within the justice system.
- Ensure alignment with BBV network.

Agreed action	Target population	Lead	Evidence	Timescale
<p>Work with established drug death prevention group (DDPG) to establish action plan and collectively coordinate and drive actions to improve health outcomes for people who use drugs, reducing the risk of harm and death</p> <p>(action plan developed and DDPG meets regularly to report on progress of actions)</p>	South Lanarkshire communities	Police Scotland ADP support team	Reports and actions from DDPG	Ongoing and continuous
<p>Monitor, support and facilitate the delivery of the commitments set out in "Rights, Respect and Recovery", including a focus on taking an improved public health approach to justice – current work addressing early release of prisoners from Prison into community</p>	South Lanarkshire Communities	Community justice partnership; NHS Lanarkshire Public Health	Public health annual reports Performance reports from commissioned services	Ongoing and continuous

Agreed action	Target population	Lead	Evidence	Timescale
Targeted distribution of naloxone and also developing a peer naloxone programme	South Lanarkshire Communities; particularly individuals at risk of overdose	NHS Lanarkshire Harm Reduction Team Commissioned Services	Named recipients (services or communities) of naloxone kits; reports regarding distribution submitted to ADP delivery board group	Ongoing
Ensuring there is an immediate response pathway for near-fatal overdose as per drug death prevention group (DDPG) action plan	South Lanarkshire Communities; particularly individuals at risk of overdose	DDPG (partners)	All partners within ADP aware of the identified pathway Reduction in number of near fatal overdoses	Ongoing and continuous
Ensure a person centred approach is taken in relation to optimising medication assisted treatment; ensuring there is appropriate support offered when individuals are reducing	South Lanarkshire Communities; individuals on ORT	Community Prescribing Service CAReS	A clear protocol established and adhered to within treatment services Reduction in the length of time individuals are on ORT	Ongoing and continuous
We will develop trauma informed approaches within alcohol and drug services Implement the National Trauma Training Framework recommendations within alcohol and drug services	South Lanarkshire communities	Addictions services workforce Commissioned Services	Quarterly and annual reports	Ongoing and continuous Ongoing and continuous

Agreed action	Target population	Lead	Evidence	Timescale
We will develop an assertive outreach approach to engage with individuals who are detached from services and require support/interventions	South Lanarkshire Communities	NHS Lanarkshire Addictions services, SAS, Police Scotland Commissioned Services	Quarterly reporting Increased engaged and retention rates ADP Delivery and Creating Connections Group	Ongoing
Develop clear pathways for individuals being liberated from prison, ensuring access to services/the beacons is timely	Individuals being released from HMP Addiewell and other relevant prisons.	HMP Addiewell NHS Lanarkshire Addictions The Beacons	Quarterly reporting ADP Delivery and Creating Connections group	Ongoing
Create clear pathways/opportunities for individuals who have currently or completed unpaid work and drug treatment testing orders (DTTO) into the recovery beacons to reduce reoffending	Individuals completing unpaid work orders	SLC Unpaid work service The Beacons	Number of individuals accessing the beacons through unpaid work Quarterly reporting	Ongoing
Continue to work in partnership with housing to support individuals deemed at risk or chaotic/complex, ensuring they are supported in their recovery thus improving tenancy sustainment		SLC Housing Commissioned Services	Reduction in repeat homeless presentations	Ongoing
Develop gender specific programmes to address gender inequality and highlight national work in relation to violence against women and girls (VAWG)		ADP support team/Recovery coordinators	Number of individuals access gender specific programmes Gender specific events to raise awareness of gender inequality	Ongoing and continuous

5.5 Priority 5: Alcohol Framework

Ambition

A South Lanarkshire where less harm is caused by alcohol.

Commitment

- To adhere and to respond to the National Alcohol Framework.
- Reduce the number of alcohol related hospital admissions in South Lanarkshire.

Agreed action	Target population	Lead	Evidence	Timescale
Utilise the expertise of people with lived experience to enhance the Alcohol Related Harm Group (ARHG) ensuring services are responsive to individuals requiring support/guidance with alcohol use	South Lanarkshire Communities	ADP Support Team ARHG members	Support for individuals with problematic alcohol use is evidenced, responsive and promoted within the wider community	Ongoing
Work with NHSL alcohol lead to ensure National Alcohol Framework is implemented in communities	South Lanarkshire Communities	ADP Support Team NHS Lanarkshire Health Improvement ARHG members	ARHG initiatives and health improvement initiatives within the wider community are in line with alcohol framework and national campaigns	Ongoing
Ensure that the 5 licencing objectives are being achieved through licencing boards and forums	South Lanarkshire Communities	NHS Lanarkshire Health Improvement ADP Support Team Police Scotland	Reports from licencing forums/boards	Ongoing

Agreed action	Target population	Lead	Evidence	Timescale
Ensure that rural areas receive adequate access to services/ support in line with Scottish Health Action on Alcohol Problems (SHAAP) recommendations	South Lanarkshire Communities	Commissioned Services Mutual Aid Meetings	Quarterly reporting Evidence of mutual aid meetings within rural settings	Ongoing
Ensure support is offered to individuals who are admitted to hospital for an alcohol related illness creating pathways into community supports	Hospital admissions/ discharges	NHS Lanarkshire Commissioned Services	Increased % of individuals accessing supports on discharge from hospital	Ongoing
Promotion of Scottish Government led campaigns as well as development of local initiatives i.e. alcohol awareness event	South Lanarkshire Communities	ADP Support Team NHS Health Improvement	Number of events/ initiatives	Ongoing
Working with Police Scotland, we will develop an "on street" referral system to ensure early intervention for individuals affected by alcohol and/or drug use	Individuals involved in offending who may have problematic substance use	Police Scotland Commissioned Services	Number of individuals referred to and engaging with services	Ongoing

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